

Liberta 32 Rue du Pont Neuf 75001 Paris	<b>Allergens presence table</b> European regulation n° 1169/2011 regarding outsoomers information about foodstuff	Company Stamp
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FINAL PRODUCT	Cereals <sup>1</sup>	Eggs	Lactose <sup>2</sup>	Peanuts	Nuts <sup>3</sup>	Soy	Sesame	Lupin	Sulphites <sup>4</sup>	Mustard	Celery	Molluscs	Crustaceans	Fish
<b>APERITIVO</b>														
Caponata									↓		↓			
Roasted Eggplants														
Grilled Mushrooms														
Candied Cherry Tomatoes									↓					
Marinated Cherry Tomatoes									↓					
Marinated Artichoke Hearts									↓					
Pitted Olives									↓					
Grilled Peppers									↓					
Parma Ham									↓					
Pistachio Mortadella					↓				↓					
Truffle Sausage									↓					
Herb Rostello									↓					
Bresaola									↓					
Smoked Salmon									↓					↓
Fig Straciatella			↓											
Gorgonzola			↓											
Smoked Scamorza			↓											
Brie de Meaux with Apricot			↓											
Truffle Hazelnuts					↓									
<b>ANTIPASTI</b>														
Burrata			↓											
Fig Straciatella			↓											
Porcini Triangolini with truffle sauce	↓	↓	↓		↓									
Bruschetta Trio	↓	↓	↓											
Vitello Tonnato														↓
Layered Heirloom Tomatoes and Mozzarella di Bufala			↓											
<b>PLANCHES</b>														
Mixed Charcuterie			↓						↓					
Vegetables									↓					
Cheeses			↓		↓									
<b>SALADES</b>														
Burrata			↓						↓					
Caesar	↓	↓	↓											
Goat Cheese			↓		↓				↓					
Parma					↓				↓					
Salmon					↓	↓	↓	↓	↓					↓
<b>CRUDO</b>														
Beef			↓											
Salmon														↓
Heirloom Tomatoes and Mozzarella			↓											
<b>PLATS</b>														
Liberta Chicken			↓						↓					
Veal Saltimbocca			↓						↓					
Chicken with Mushrooms			↓											
Salmon Steak with Cream			↓											↓
Parmigiana			↓											
<b>PASTA</b>														
Porcini Ravioli with Port Sauce	↓	↓	↓								↓			
Tagliatelle with Salmon	↓	↓	↓											↓
Mafaldine with Red Pesto and Burrata	↓	↓	↓		↓				↓					
Linguine with Vegetables	↓	↓	↓											
Tuscan Gnocchi			↓											
Conchiglie withodka			↓											
Spicy Straciatella	↓	↓	↓											
Rigatoni with Truffle and Chicken	↓	↓	↓		↓									
Spinach and Ricotta Ravioli with Tomato Sauce	↓	↓	↓		↓				↓					
<b>DESSERTS</b>														
Brie de Meaux with Apricot			↓						↓					
Bowl of Strawberries with Homemade Whipped Cream			↓											
Coffee Tiramisu	↓	↓	↓											
Strawberry Melba with Homemade Whipped Cream			↓											
Half-cooked Chocolate with Vanilla Ice Cream	↓	↓	↓											
Plain French Toast	↓	↓	↓											
Afogato			↓											
Red Fruit Pavlova	↓	↓	↓											

↓ = includes

<sup>1</sup> Only if the cereals used contain gluten, so one of the following cereals : wheat, rye, orge, barley, spelt, kamut.

<sup>2</sup> Including milk and products thereof.

<sup>3</sup> Nuts : Almonds, Hazelnuts, Nuts, Cashew, Pecan nuts, Brazil nuts, Pistachios, Macadamia nuts and Queensland nuts.

<sup>4</sup> Only if the sulphur dioxide and sulfites quantities are over 10 mg / kg of final product.

**All our products may contain traces of cereals, eggs, milk and products thereof, peanuts, nuts, soy, sesame, lupin, sulphites, mustard, celery, molluscs, crustaceans and fish**

**WHAT TO DO IN A FOOD ALLERGY EMERGENCY**

If you have a severe food allergy , your doctor may have prescribed an emergency care kit . This kit contains a self-injectable dose of adrenaline (a substance that increases heart rate and blood pressure, and dilates the bronchial tubes). It is used in case of anaphylactic shock, without waiting for help.

If you have this type of emergency kit:

- Always keep it on you;

- Learn to recognize the first signs of a shock and to handle the care equipment on your own (using the training pen provided). The correct gesture is to position the pen on the outer edge of your thigh. Then press and hold the trigger button for ten seconds.

- Also inform those around you about the instructions for use of the equipment.

Medical supervision is required after any injection of adrenaline. Hospital care is therefore necessary if you have used your emergency kit. This follow-up also makes it possible to study the evolution of your food allergy in order to adapt your treatment if necessary.